NEEDS: ATHLETES ACTUAL STATE

Your perception of the strengths and weaknesses of the athlete with respect to the requirements of your sport.

Athlete : **Weapon :** **Level :**

Age : **Goal :**

Training volume(hours): **/day** **/week** **/year**

Here is my athletes profile :

Qualities	Exc	+Avg	Avg	-Avg	N/A
Physical :					
Technical :					
Tactical :					
Psychological :					

LEGEND : EXCEPTIONAL, ABOVE AVERAGE, AVERAGE, BELOW AEVERAGE, N/A