ANALYSIS : SPORT REQUIREMENTS

Identify the determining factors which affect performance with respect to the following componnents.

Athlete : **Weapon :** **Level :**

Age : **Goal :**

Training volume(hours): **/day** **/week** **/year**

<u>Here is my athletes profile</u> :

Qualities		Maj.	Imp.	Mod.	Min.	N/A
Physical :	**%**					
Technical :	**%**					
Tactical :	**%**					
Psychological :	**%**					

LEGEND : MAJOR, IMPORTANT, MODERATE, MINOR, N/A

% OF RELATIVE IMPORTANCE OF FACTORS INFLUENCING PERFORMANCE