



ICELANDIC FENCING FEDERATION

Engjavegi 6, 104 Reykjavík, Ísland
www.skyllingar.is



SABRE ON ICE AND FIRE – INTERNATIONAL TRAINING CAMP & "VIKING CUP 2011" WORLD CUP SATELLITE TOURNAMENT

The Icelandic Fencing Federation and the Nordic Sabre Center have the honor to invite you to participate in the "International Fencing Training Camp – Sabre on Ice and Fire" and "Viking Cup 2011" – Men's & Women's World Cup Satellite Sabre Tournaments.

Goal of the Project – "Sabre on Ice and Fire"

The main Goal of our Project is to promote sabre fencing all round the world, especially in smaller countries and also in countries without tradition in sabre. Giving them the opportunity to learn from world famous trainers, meet the World and Olympic Champions and practice in one of the best fencing hall of the world.

Preliminary program

30 May

Arrival of the fencers

31 May

Sabre on Ice and Fire – International Training Camp

10:00 – 12:30

First training session, Venue: Fencing Sabre Center, Laugardal – Reykjavik

13:00

Lunch: Café easy

16:00 – 18:30

Second training session, Venue: Fencing Sabre Center, Laugardal – Reykjavik

19:00

Dinner: Café easy

1 June

Sabre on Ice and Fire – International Training Camp

09:00 – 11:00

First training session, Venue: Fencing Sabre Center, Laugardal – Reykjavik

11:30

Lunch: Café easy

12:15

Sightseeing in Iceland – The Golden Circle:

[http://en.wikipedia.org/wiki/Golden_Circle_\(Iceland\)](http://en.wikipedia.org/wiki/Golden_Circle_(Iceland))

<http://www.goiceland.org>

2 June

Sabre on Ice and Fire – International Training Camp

10:00 – 12:00

First training session, Venue: Fencing Sabre Center, Laugardal – Reykjavik

12:30

Lunch: Café easy

14:00

Unusual experience trip to the Blue Lagoon geothermal spa

<http://www.bluelagoon.com/>

18:00

Dinner: Café easy

19:30 – 21:30

Second training session, Venue: Fencing Sabre Center, Laugardal – Reykjavik

3 June

Sabre on Ice and Fire – International Training Camp

10:00 – 12:30

First training session, Venue: Fencing Sabre Center, Laugardal – Reykjavik

13:00

Lunch: Café easy

17:00

Weapon Control, Venue: Kapplakriki sports hall, Hafnarfjörður



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4 June

"Viking Cup 2011" World Cup Satellite Tournaments

Venue: Kapplakriki sports hall, Hafnarfjörður

08:00

Check In & Weapon Control

09:00 – 18:00

Men & Ladies Individual

5 June

"Viking Cup 2011" Team tournament

Venue: Kapplakriki sports hall, Hafnarfjörður

09:00

Check In

10:00 – 17:00

Team tournament

Sabre on Ice and Fire

