



## 2009 NATIONAL COACH WORKSHOP INFORMATION BULLETIN

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The Coaching Association of Canada's Women in Coaching Program is pleased to announce that the 2009 National Coach Workshop will take place at The Briars Resort ([www.briars.ca](http://www.briars.ca)), Jackson's Point, Lake Simcoe, Ont., on March 27 to 29.

The aim of the workshop is to bring together the top women coaches in Canada and to

- facilitate a stronger network of women coaches who are in national team positions and are focused on Olympic and Paralympic preparation for 2010 and 2012.
- provide professional development and support specific to women coaches involved in high performance coaching.
- create support mechanisms focused on sustaining women in national team positions.

Coaches who are selected to attend the workshop will have the opportunity to shape the agenda. Once the coaches have been confirmed, a needs assessment will be carried out.

The workshop facilitators will be Dr. Dru Marshall and Dr. Penny Werthner.

Dru Marshall is the deputy provost of the University of Alberta. An NCCP Level 5 coach, she coached field hockey at the university, provincial, and national levels for many years. She contributes to the development of women's sport through teaching and research, mentoring, and serving on numerous provincial and national committees.

Penny Werthner is a professor in the University of Ottawa's School of Human Kinetics. She is a practicing performance consultant who works with many Olympic team athletes and coaches. She was the consultant for the canoe/kayak team at four Olympic Games and is the national freestyle ski team's consultant. She is an NCCP Level 4/5 presenter for Tasks #7, #8, and #17. A former Olympic track and field athlete, Penny represented Canada internationally from 1970 to 1981.

### **Passing the Torch**

A special session will feature Olympic coaches Yihua Li and Xiuli Wang, two of Canada's most successful coaches on the world stage.

Yihua's diver, Émilie Heymans, won the 10m silver medal at the 2008 Olympic Games. In 2000, her diver, Anne Montminy, won Olympic silver and bronze medals. Heymans, the 10m world champion in 2003, also has to her credit two Olympic medals in the 10m synchronized event. Since 1997, Yihua has been the head coach of the Pointe Claire Diving Club, the first woman to hold this position. She will share key learnings and challenges she had to overcome in Beijing.

Xuili was one of Canada's most outstanding coaches at the 2006 Olympic Winter Games, coaching four Olympians to the podium. Her success continues with Kristina Groves burning up the track at every meet she enters. Xiuli was the winner of the 2006 Jack Donohue Award, which recognizes a coach's dedication to the profession of coaching and the outstanding performance of athletes during the past competitive season. She will talk about her preparation strategies and the challenges she is facing leading into the 2010 Vancouver Games.

**Nomination Procedure:**

Coaches must be nominated by their national sport organization (NSO). Space is limited. Priority will be given to:

- #1 head coaches preparing for the 2010, and 2012 Olympic and Paralympic Games
- #2 assistant coaches preparing for 2010 Olympic and Paralympic Games
- #3 senior national team head coaches
- #4 senior national team assistant coaches
- #5 junior national team head coaches/senior national team coach pool

Use the 2009 National Coach Workshop Nomination Form. Forward via e-mail or fax to Britany Gordon, Women in Coaching program, no later than **February 9, 2009** at [bgordon@coach.ca](mailto:bgordon@coach.ca) or by fax 613-235-9500. Successful candidates and their NSO will be contacted by February 16, 2009.

If you have any questions or would like more information, please contact Sheilagh Croxon at 647-988-7877 or by e-mail [scroxon@rogers.com](mailto:scroxon@rogers.com).

**2009 NATIONAL COACH WORKSHOP  
Nomination Form**

COACH INFORMATION	
Name:	
e-mail:	
Phone number:	
Sport:	
National Team Coaching Position:	
NSO ENDORSEMENT	
Name of NSO Representative:	
Position:	
e-mail:	
Phone number:	
Reasons why you are nominating this coach to attend:	

***Forward the completed form via e-mail or fax to  
Britany Gordon at [bgordon@coach.ca](mailto:bgordon@coach.ca) or by fax 613-235-9500  
no later than February 9, 2009.***